



Beach City

SMOOTHIES

594 Carlsbad Village Drive
 Carlsbad, CA 92008
FREE PUBLIC PARKING
 Corner of Carlsbad Village Dr & Roosevelt St
 (760) 729-0011
 Visit us at www.beachcitysmoothies.com

Fruit Smoothies

16 & 24 oz

TROPICAL SMOOTHIES 4.95/6.15

Pismo Pineapple (our Piña Colada)

Pineapple, coconut, banana

Strawberry Colada

Pineapple, strawberries, coconut, banana

Mango Tropics

Mango, pineapple, banana

Moonlight Beach Mango

Mango, strawberries, pineapple, banana

Strawberry Peach Mango Tango

Strawberries, banana, peach, mango

Forbidden Fruit

White and pink Guava, passion fruit

BERRY SMOOTHIES 4.95/6.15

Surf's Up Strawberry

California strawberries

Strawberry Banana

Strawberries and banana

Strawberry Sunrise

Strawberries, banana, orange

Blueberry Bay

Blueberries and banana

Pacific Northwest Berry

Boysenberries and blackberries

Acai (Ah-sigh-ee) Plus

Acai, blackberries, blueberries, pomegranate

Berry Smooth Acai

Acai, blackberries, blueberries, pomegranate, banana

Venice Four Berry

Raspberries, strawberries, blackberries, blueberries

Berry Banana

Raspberries, strawberries, blackberries, blueberries, banana

MORE FRUIT SMOOTHIES 4.95/6.15

Pacific Peach

Peach, pear, apricot

Life's A Peach

Peach, pear, apricot, banana

Peach Paradise

Peach, pear, apricot, strawberries

Peachy Green

Peach, pear, apricot and spinach

Lemonade/Strawberry Lemonade

Refreshing lemons/lemons and strawberries

Açaí Bowls

12 & 20 oz

Rio Bowl

4.95/7.45

Organic Acai sorbet topped with granola and bananas

Beach City Bowl

5.75/8.45

Organic Acai sorbet topped with granola, banana, mango, strawberries and blackberries

Bahia Bowl

5.75/8.45

Organic Acai sorbet topped with granola, bananas, strawberries, blueberries and blackberries

Copacabana Bowl

5.75/8.45

Organic Acai sorbet topped with granola, bananas & strawberries

ACAI BOWLS INCLUDE YOUR CHOICE OF:

GRANOLA - original or organic hemp flax

TOPPING - honey, agave, chocolate or coconut

Pitaya (Dragonfruit)

Pitaya Smoothie

16 oz **6.25**

Organic Pitaya blended with mango, pineapple, banana & apple juice

Pitaya Bowl

20 oz **7.45**

Organic Pitaya blended super thick with mango, pineapple, banana & apple juice, topped with hemp flax granola & banana slices

Pitaya Bowl - Beach City Style

20 oz **8.95**

Organic Pitaya blended super thick with mango, pineapple, banana & apple juice, topped with hemp flax granola, banana slices, mango, strawberries, blackberries, honey & coconut

Organic Smoothies

16 & 24 oz

Epic Mango

6.15/7.25

Organic mangos

Pineapple Pipeline

Organic pineapple, banana, coconut

Strawberry Swell

Organic strawberries

Riptide Raz-Berry

Organic raspberries, strawberries, blackberries

**PLUS CHOICE OF ONE
 ORGANIC BLEND-IN**

Organic bananas

Organic 2% dairy milk

Organic almond milk

Organic vanilla soymilk

Creamy

16 & 24 oz

Orange Breeze

4.45/5.45

Orange, banana & vanilla cream

Chocolate Freeze

4.45/5.45

Rich creamy chocolate frozen yogurt

PB Banana

4.95/5.95

Peanut butter, banana, chocolate & frozen yogurt

Banana Split

5.25/6.35

Strawberry, banana, pineapple, coconut & chocolate yogurt

PB and J (Peanut Butter & Jelly)

5.75/6.85

Strawberries or boysenberries and blackberries blended with peanut butter & vanilla frozen yogurt

Blend-ins/Extras

BOOST BLEND-INS .35

ANTIOXIDANT	ENERGY	FIBER	IMMUNE
MULTI VITAMIN	SMART BLEND	TRIM & FIT	VITAMIN C

SUPER FOOD BLEND-INS .75

- CHIA SEEDS (ORGANIC)
- BEE POLLEN (LOCAL)
- GREEN BLEND - RICE FIBER, FLAX, ALFALFA, WHEAT GRASS, BARLEY GRASS, SPIRULINA, CHLORELLA

PROTEIN BLEND-INS

- SOY 5g .50
- WHEY 10g 1.00
- ORGANIC HEMP 12g 1.25

EXTRAS .50

FROZEN YOGURT* (VANILLA & CHOCOLATE) • ORANGE JUICE
 VANILLA SOYMILK • ALMOND MILK • DAIRY MILK (2%)
 PEANUT BUTTER • EXTRA FRUIT & BOWL TOPPINGS
 SUB GLUTEN FREE GRANOLA

* NON FAT LIQUID FROZEN YOGURT MIX

Iced Blended Coffee/Tea

12 & 20 oz

Chiller Coffee Smoothies 3.95/4.95

Blended Mocha, Cocoa'ccino or Vanilla Latte

Arctic Chai Smoothies 3.95/4.95

Blended Spiced Chai or Vanilla Chai tea

Iced Coffee/Tea 2.25 20 oz

Fresh brewed organic coffee/black or green tea over ice

Matcha Green Tea Smoothie 4.25/5.25

Matcha GT™ blended with frozen yogurt & soymilk

Hot Drinks

12 & 16 oz

Coffee 1.95/2.50

Great selection of regular, decaf, organic & flavored roasts
 Brewed fresh by the cup!

Tea 1.95/2.50

Choice of black or green freshly brewed tea

Chai Tea 3.45/3.95

Choice of a creamy Spiced or Vanilla Chai Tea

Hot Chocolate 1.50/1.95

Delicious and creamy, topped with whipped cream

Beach City Smoothies is locally owned by Mary Jacobson and her daughter, Jamie and operated by Mary and her friendly and knowledgeable team of "smoothieologists". Beach City prides itself in bringing you the healthiest, best tasting smoothies, juices and Acai bowls you'll ever experience.

Here's to your health and happiness ...
 See you soon!

Organic Veggie Juices

12 & 16 oz

ABC

4.95/5.95

Organic apple, beet, carrot

Triple C

4.95/5.95

Organic carrot, cucumber, celery

Beach Body

5.95/6.95

Organic greens (spinach, kale, chard), carrot, cucumber, celery, apple, beet

Lean Green

6.95/8.25

Organic greens (spinach, kale, chard), celery, cucumber, and apple or lemon

Simply Carrot

4.45/5.45

Organic carrot

Healthy Shots

Organic Wheatgrass 1.95/3.25

1 or 2 oz shot

Ginger Zingers 3.25

- Ginger, lemon, and cayenne pepper or turmeric
 - Ginger, apple, cinnamon

Match Energy 1.95/3.25

Matcha green tea hand-shaken with ice, and choice of soymilk, almond milk, or orange juice

Gourmet Pretzels

Stuffed Cheddar Jalapeno 3.65

Stuffed Grilled Cheese 3.65

Stuffed Mozzarella Pizza 3.65

Stuffed Spinach Feta 3.65

Traditional Bavarian Soft Pretzel 2.50



HOURS

- Open 7 days a week -
 Monday - Saturday 8am to 7pm
 Sunday at 9am to 7pm

Summer Hours
 (Memorial to Labor Day)
 Open until 8pm